



## GFS Italian Rotini Pasta Salad, Vegetarian, Refrigerated, 5 Lb Tub, 2/Case



Item Number: 738735



This pasta salad features rotini mixed with broccoli florets, diced red peppers, and sliced black olives, blended with a robust, golden-colored Italian dressing.

- Fully prepared for ready-to-serve convenience
- Contains zero grams trans fat
- Vegetarian
- Dairy-free

2/Case

\$15.58  
\$0.10/oz

QTY

## Nutrition

Based On: AP Salad, Pasta, Italian, GFS

Rounding: On

### Ingredients

ENRICHED MACARONI PRODUCT (Water, Semolina (Wheat), Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, and Folic Acid), ITALIAN DRESSING (Water, White Wine Vinegar (White Wine Vinegar, Potassium Metabisulfite [added to protect color]), Soybean Oil, White Distilled Vinegar, Sugar, Sea Salt, Granulated Garlic, Dehydrated Garlic, Dehydrated Red and Green Peppers, Spices, Xanthan Gum), GREEN BELL PEPPERS, RIPE OLIVES (Ripe Olives, Water, Salt, Ferrous Gluconate [to stabilize color]), BROCCOLI, RED BELL PEPPERS. COMMON ALLERGENS PRESENT: Wheat. Nutrition and Ingredient statement updated March 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

### Nutrition Facts

| Serving Size 0.5 cup (140g)                      |                      |
|--|----------------------|
| Amount Per Serving                               |                      |
| <b>Calories</b> 200                              | Calories From Fat 63 |
| % Daily Value *                                  |                      |
| <b>Fat</b> 7g                                    | 11%                  |
| Saturated Fat 0g                                 | n/a                  |
| Trans Fat 0g                                     |                      |
| PolyUnsat. Fat                                   | n/a                  |
| MonoUnsat Fat                                    | n/a                  |
| <b>Cholesterol</b> 0mg                           | n/a                  |
| <b>Sodium</b> 780mg                              | 33%                  |
| <b>Potassium</b>                                 | n/a                  |
| <b>Carbohydrates</b> 30g                         | 10%                  |
| Fiber 2g   | 8%                   |
| Sugar 6g   |                      |
| <b>Protein</b> 5g                                | 10%                  |
| Vitamin A IU 2% Vitamin C 15% Calcium 2% Iron 8% |                      |
| * Based on a 2000 calories diet                  |                      |
| <b>Calories Per Gram:</b>                        |                      |
| Fat: 9 Carbohydrates: 4 Protein: 4               |                      |

**School Equivalents:**

|                       |     |
|-----------------------|-----|
| Child Nutrition Label | No  |
| Serving Size          | n/a |
| Meat/Meat Alternative | n/a |
| Fruit/Vegetables      | n/a |
| Grain/Breads          | n/a |

**Water Soluble Vitamins:**

|                  |      |
|------------------|------|
| Thiamin          | n/a  |
| Riboflavin       | n/a  |
| Niacin B3        | n/a  |
| Pantothenic Acid | n/a  |
| Folic Acid       | n/a  |
| Vitamin B6       | n/a  |
| Vitamin B12      | n/a  |
| Vitamin C        | 9 mg |

**Updated For New Final Rule:**

|                       |     |
|-----------------------|-----|
| Meat/Meat Alternative | n/a |
| Grain/Breads          | n/a |
| Fruit                 | n/a |
| Red/Orange            | n/a |
| Dark Green            | n/a |
| Starchy               | n/a |
| Beans/Peas            | n/a |
| Other                 | n/a |
| Notes:                | n/a |

**Fat Soluble Vitamins:**

|              |        |
|--------------|--------|
| Vitamin D IU | n/a    |
| Vitamin E mg | n/a    |
| Vitamin K    | n/a    |
| Vitamin A IU | 100 IU |

**Minerals:**

|             |         |
|-------------|---------|
| Phosphorous | n/a     |
| Zinc        | n/a     |
| Magnesium   | n/a     |
| Copper      | n/a     |
| Selenium    | n/a     |
| Calcium     | 20 mg   |
| Iron        | 1.44 mg |
| Manganese   | n/a     |
| Iodine      | n/a     |